

Who is Going to be Here and What They Will Have!

November 10th

Apple Meadow Organics: Steve, Linda and Melanie are very please bring you our certified organic veggies through to mid November. This week our famous mennonite garlic (and a couple of others), spinach, cauliflower, broccoli, beets and our renowned carrots. Russet, fingering, and yukon potatoes, spinach, onions and 3 kinds of Kale! Last week for Apple Meadow, so be sure to stock up!

Alton Estates Winery: one of London's closest wineries, located just south of Forest, will be at the market selling locally made high quality vqa wines. Varieties include Sauvignon Blanc, Chardonnay, Cabernet Sauvignon and Cabernet Franc. **Back in December**

Blanbrook Bison Farm: Super popular bison is lean and high in iron. Try some burgers on the bbq, a pot roast in the oven, or maybe some bison salami for lunch!

Dave's Beef Lamb: Dave's Beef and Lamb has many delicious cut of lamb and beef for your springtime barbeque needs. Enjoy a quick dinner with our ground beef or lamb patties; so easy. All without the use of added hormones or antibiotics. You can't get more local than this! **Away this week.**

Harvest Moon Trading Co: Emily makes a large range of preserves; check out her delicious variety of mustards, pickled vegetables and homemade granola! Thursdays AND Saturdays.

International Bakery: Great selection of artisan breads, including focaccia, sprouted wheat, and more!
Thursdays AND Saturdays

Lynch Farms: New crop maple syrup, maple butter, maple sugar leaves, maple spiced nuts. **Away this week**

La Houlette de Vie Bakery: Based out of Orchard Hill Farm, near Sparta, Seth Wiggin bakes naturally fermented, wood-fired bread, using farm grown milled flour and organic ingredients. Thursdays AND Saturdays.

Made From Scratch: Dee makes beautiful baked goods every week! Muffins, butter tarts and squares! Each week check out her low sugar and vegan options.

Morsels: Lorraines tarts and samosas are legendary—super delicious!

Pillitteri Winery: A great range of VQA wines from the Niagara region.

Soiled Reputation: salad greens, arugula, watercress, micro greens, sprouts, heartnuts, shiitakes, and honey

Tiramisu: Danielle has her famous scones , cookies and classic baked goods. Come by early for the best selection.

Tru Green Organics: Bee will be here with amazing organic skin care and body products. Body butter, face serums, hair oils and more.